

# Transmission Works



## One Heart. Two Evenings.

***What is transmission?*** Come and explore what the wisdom traditions refer to as the divine energy that flows through each of us and connects us to the Heart of Existence. This path is one of devotion to all that is sacred; it speaks in echoes, beckoning to those of us who would walk on the heart-path, the ancient and timeless Great Way.

*“Heart transmission is not simply a matter of healing trauma in the body and the reactive patterns that come with it. It goes way beyond that. The experience of gradually being restored to trust allows the ingress of a love-light that in time becomes the enlightenment of the whole body. In heart transmission all of this happens through Grace.” — Brent Mitton*

**Thursday, May 9th: *Meditation, Sacramental Connectivity and Heart Transmission*** with Joan and Danielle. Come together to experience this mysterious and powerful Heart-field combining dance, movement, meditation, heart transmission and sharing.

**Thursday, May 23rd: *The Art of Gratitude*** with Laura and Danielle. This evening explores the healing practice of Gratitude through the creative medium of your choice: painting, drawing, clay or collage.

**Both of these evenings will be held upstairs at Carrot Common, 348 Danforth Avenue, Toronto M4K 1N8 from 6:30pm to 9pm. \$35 per group.**

**Please contact Danielle to register.**

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**<https://iamthebodyislove.com>**